

# FAMILY LIFE MERIT BADGE

## Requirements:

1. Prepare an outline and discuss with your merit badge counselor what a family is and how the actions of one member can affect other members.
2. List ten reasons why you are important to your family. Review these points with your parents or guardians and with your merit badge counselor.
3. Prepare a list of your regular home duties or chores (at least five) and do them for ninety days. Keep a record of how often you do them.
4. With the approval of your parents/guardians and your merit badge counselor, decide on and carry out a project that you could do around the house that would benefit the family. Submit a report to your merit badge counselor outlining how the project benefited the family.
5. Plan and carry out a project that involves a participation of your family. After carrying out the project, discuss the following with your merit badge counselor.
  - a. The objective or goal of the project.
  - b. How individual members of your family participated.
  - c. The results of the project.
6. Do the following.
  - a. Talk with your merit badge counselor about how to plan and carry out a family discussion.
  - b. Plan and carry out a family discussion to include the following subjects:
    1. How to avoid the use of drugs and drug abuse.
    2. Understanding the growing up process, how the body changes, and making responsible decisions dealing with sex.
    3. Personal and family finances.

## Family:

A family means belonging. People caring about what happens to each other and letting it show. A family is people giving and receiving love. A family is people talking and listening to each other. A family is people laughing and crying without feeling ashamed. A family is people reaching out to each other and to neighbors and friends. A family is a safe haven where basic material needs are met, where training takes place, and where character is developed. A family also is a place for having fun, sharing sorrows, healing hurts and growing.

Family structure.

What makes families successful? Love, security, acceptance, respect, trust, responsibility, cooperation, communication.

## You are Important:

How can you contribute to the success and happiness of your family?

What are some of the reasons you are important to your family?

Do you live the Scout law and set a good example for other family members by the way you live?

Are you willing to help around the house? Do you offer to help without being asked?

Do you help in planning and completing projects at home?

Do you have a cheerful, optimistic attitude that makes others enjoy being with you?

As a Scout, are you always prepared to help your family members, neighbors, and friends in an emergency?

Do you enjoy helping care for younger family members, such as reading to them or teaching them to do worthwhile things?

Are you dependable? Can people count on you to do what you say you will do when you say you will do it?

Do you help to carry on positive family traditions?

Do you let other family members know you care about them and appreciate what they do

for you?

**Regular Tasks:**

Doing your share.

Look for duties or chores you might be able to perform for your family.

Animal care, removing trash, helping with meals or setting the table, cleaning up after meals, helping with housecleaning, helping with yard work, helping with younger brothers and sisters, washing and cleaning the family car, planing and caring for a family garden, hanging up your clothes, helping with the laundry, shining shoes.

**Special Projects for You:**

Look for some significant project around the house or yard to perform.

**Projects for the Family:**

Project for church or school, Recycling, help the needy, Learn about family roots or traditions, Family event, Start a new family tradition,

**Family Council:**

**Drug Abuse:**

**Growing up and Decisions involving Sex:**

**Personal Finance:**

Consider:

- Contribution to the family budget

- Contribution to your church

- School lunches

- Transportation

- Clothing

- Entertainment

Set up a sample weekly budget.

Save regularly .

Use your money wisely

Consider giving something to others.

**Family Finance:**

- Income

- Expenses

- Financial Security

# TROOP 236

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2. List 10 reasons why you are important to your family. Review these points with your parents or guardians and with your merit badge counselor.
3. Prepare a list of your regular home duties or chores (at least five) and do them for 90 days. Keep a record of how often you do each of them.
4. With the approval of your parents/guardians and your merit badge counselor, decide on and carry out a project that you would do around the house that would benefit the family. Submit a report to your merit badge counselor outlining how the project benefited the family.
5. Plan and carry out a project that involves the participation of your family. After carrying out the project, discuss the following with your merit badge counselor:
  - (a) The objective or goal of the project.
  - (b) How individual members of your family participated.
  - (c) The results of the project.
6. Do the following:
  - (a) Discuss with your merit badge counselor how to plan and carry out a family council.
  - (b) After this discussion, plan and carry out a family council to include the following subjects:
    - (1) How to avoid the use of drugs and drug abuse.
    - (2) Understanding the growing-up process, how the body changes, and making responsible decision dealing with sex.
    - (d) Personal and family finances.

